

How can research best address the treatment and management of sleep apnea for Saskatchewan?

PROMOTION GUIDE FOR THE INTERIM PRIORITIZATION SURVEY

Key information

Survey dates: Open from Wednesday 28 October until Monday 7 December 2020

How to complete the survey

Online at:

Priority Setting Partnership Details (with link to survey on this page):

<https://medicine.usask.ca/respiratoryresearch/jla-survey.php>

Direct link to Survey:

<https://tinyurl.com/saskosa>

Contact: Britney Duncan, Coordinator via britney.duncan@usask.ca

Who can take part

- A person (age 18 or over) living with obstructive sleep apnea in Saskatchewan
- The family member or caregiver of a person (age 18 or over) living with obstructive sleep apnea in Saskatchewan
- A Canadian healthcare professional treating people with obstructive sleep apnea

If you can, please support others who fall into these groups to take part. We want to ensure a wide range of voices have a chance to be heard. If you are able to collaborate with us and help to champion the survey in any way, please contact britney.duncan@usask.ca.

Social media

Here is some guidance to help you promote the survey across all your social media platforms.

- Include the links to the survey
<https://tinyurl.com/saskosa>
- Include the hashtag #OSAresearch OR #SKsleepapnea where possible
- Encourage followers to share with 'please RT'

Social media images



UNIVERSITY OF SASKATCHEWAN
Respiratory Research Centre
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MEDICINE.USASK.CA/RESPIRATORYRESEARCH

**OBSTRUCTIVE SLEEP APNEA PRIORITY
SETTING PARTNERSHIP**

James Lind Alliance
Priority Setting Partnerships

Have your say on OSA research!
What are the priorities in addressing the treatment and management of sleep apnea for SK residents and their families? If you are over the age of 18 and are interested in participating we want to hear from you.

Visit us at <https://medicine.usask.ca/respiratoryresearch/jla-survey.php>
for more information and to take the survey!

Complete the second survey by December 7th!

SCPOR Saskatchewan Centre for Patient-Oriented Research

Icons: clipboard with checkmarks, speech bubbles, person at a desk, and a tree.



**WE WANT TO HEAR FROM YOU!
DO YOU OR A
FAMILY MEMBER
HAVE SLEEP
APNEA?**

TAKE OUR SECOND SURVEY

We previously collected the questions and concerns of persons with OSA and the people who support them. We would now like to ask for your help in deciding which research questions are the most important. Help influence the future of research in sleep apnea in Saskatchewan.

**Visit us at <https://tinyurl.com/saskosa>
to take the survey**

Survey closes December 7th!

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Suggested tweets

Help influence the future of research in sleep apnea in Saskatchewan. What you think matters. Complete our second survey at <https://tinyurl.com/saskosa>.

Earlier this year, 680 patients, families and clinicians told us their questions about OSA. We now need you to help us prioritize ones you want research to answer. Complete our survey at <https://tinyurl.com/saskosa>.

What are the most pressing concerns around treatment of sleep apnea that research should focus on? What you think matters! Complete our follow up survey at <https://tinyurl.com/saskosa>

Help researchers to focus on what matters to you as a person diagnosed with sleep apnea in SK. Complete our second survey at <https://tinyurl.com/saskosa>

RT/share our second OSA survey with your colleagues, service users and carers so their questions about treatment and management of sleep apnea are heard and represented in future research. Survey open until 7 December - <https://tinyurl.com/saskosa>

Emails, E-newsletters and website

Please promote the survey either by featuring the social media image or by adapting the text suggested below in your e-newsletters and on your website.

If possible, include a link to the survey and a clear call-to-action, asking people to take part, and circulate through your networks.

Short text

How can we best guide research to address treatment and management of OSA for Saskatchewan residents?

Setting priorities for OSA research in SK

The Obstructive Sleep Apnea Priority Setting Partnership coordinated by the Respiratory Research Centre (USask) recently asked people for their comments and questions about treatment of OSA in Saskatchewan. The submissions were summarized into questions that could be answered by research.

They would now like to ask for your help in deciding which questions are the most important.

Please take part in the survey if you are

- A person (over the age of 18) living with obstructive sleep apnea in Saskatchewan
- The family member or caregiver of a person (over the age of 18) living with obstructive sleep apnea in Saskatchewan
- A Canadian healthcare professional treating people with obstructive sleep apnea

You don't need to know about research – they just want to hear your opinion based on your own experience.

It will take about 10 minutes to complete and is open from 28 October to 7 December 2020.

<https://tinyurl.com/saskosa>

What you think matters!

Reminder text

There's still time to take part in the Obstructive Sleep Apnea Survey!

We have been collecting the views and concerns of persons with OSA and the people who support them. The aim is to guide future research into OSA that is specific to the unique landscape and people of Saskatchewan.

We would now like to ask for your help in deciding which research questions are the most important.

Please take part in the survey if you are

- A person (over the age of 18) living with obstructive sleep apnea in Saskatchewan
- The family member or caregiver of a person (over the age of 18) living with obstructive sleep apnea in Saskatchewan
- A Canadian healthcare professional treating people with obstructive sleep apnea

You don't need to know about research – we just want to hear about your experiences and opinions.

It will take about 10 minutes to complete and is open from 28 October to 7 December 2020.

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What you think matters!